



ON THE GREEN

November
2024

Armadale BC @ South Caulfield Newsletter

What's happening on and off the green

- Saturday and Tuesday (day and night) Pennant seasons are now underway
- Pennant training continues on Thursdays from 10-12am and from 3-5pm. Bowlers are expected to make every effort to attend at least one of these sessions
- An additional training session is offered to members by Hunny and team on Monday afternoons from 2-3.30pm. Everyone is welcome
- Our newest coach Aidan Zittersteijn is now busily taking one on one coaching bookings. He can be contacted on 0424132353 or aidanzittersteijn@gmail.com
- If you have any articles, jokes, pictures or anything you think may be of interest to other members for future newsletters, please forward them to the honsecretary email. This includes special events you'd like to share such as milestone birthdays, family celebrations etc
- If you are unwell or know of someone else who is unwell or going through a rough patch, please contact our almoner Ben Czerniewicz on 0408101472. Confidentiality guaranteed.

Board Report October 2024

There are a few outcomes of the October Board meeting as follows:

- The 2024-2025 Pennant Season began smoothly
- There are 6 teams entered on both Saturday and Tuesday pennant
- There is a team entered into Division 1 of the Tuesday night pennant
- The 2024-2025 Fixture book has been distributed. If you have not yet received a copy please approach a member of the Board, there is a store of them in the office. The photo on the cover of this year's fixture book is of HLM Harry Hertz bowling to the jack on the Harry Hertz Green at the Opening of the 2024-2025 season
- We would like to welcome Robert Hershan AM to Armadale BC. We wish him many years of enjoyable and successful bowls with us.

Wishing all members a successful season,

Stay safe

Abe Stiglec
President

Sad News

We were saddened by the passing of past member Michael Klooger, husband of Jay, brother and brother-in-law of Zara and Nathan Simon and in-law of Hunny Lipson and Ila Cieszynski.

Honorary Life Member Harry Hertz past away after a tough battle with cancer. Harry was a do-gooder and very much loved by every member of the Club who knew him. He was recently honoured by naming the new green the Harry Hertz Green., We wish his wife Honorary Life Member Norma and family treasured memories.

Good News

Congratulations to Ronnie Winestone on becoming a great grandfather for the first time

Congratulations to Tom and Lyla Weisler on the birth of a great granddaughter Olivia

Congratulations to Ken Rosengarten and Nathan Simon for being awarded 2024 Caulfield Volunteer Local Hero Awards

Congratulations again to Ken Rosengarten on his 31 year old granddaughter Madeleine Buchner OAM being a 2025 nominee for Australian of the Year. When Maddy was 16 she founded Little Dreamers, an organisation that supports young people aged 4 to 25 who care for a family member affected by disability, chronic or mental illness, addiction or frail age.

If you have good news or sad news you'd like to share please forward it to Mandy Shochet on honsecretary@armadalebowlsclub.com.au

Upcoming Event

Cup Day, Fun Day
BYO Lunch (and partner)
Wear your fanciest hat or fascinator
RSVP: Buddy Budlender
budsue@bigpond.net.au

Coaching News

Howard is continuing to work with many of our members on a regular ongoing basis. He is also coaching on recommendation by selectors as bowlers' areas of weakness become more apparent.

Now that the Pennant season has started Hunny has reintroduced her Monday afternoon sessions from 2.00-3.30. Everyone is welcome.

Aidan is now offering 1:1 sessions. Contact him to organise a session

Barrie Lester Visit



We are fortunate to have had the opportunity to enjoy a 3 hour session with legendary Australian lawn bowler Barrie Lester.

The session consisted of 2 parts. The first part was held inside and addressed team enthusiasm and loyalty as well as mindset.

The second part was held outside where Barrie set up skills and suggested exercises which would be worthwhile when practicing on our own instead of merely rolling up and down.

A Powerpoint presentation and document of skills were sent to members on Friday 25/10

Upcoming Event

Big Band second performance
December 8
Information to follow

Sandbelt Ladies 4's Success

A team of Armadale ladies bowled in the Ladies' 4's earlier in October and made it through to the semi-final.

The team consisted of Shelley Beder as lead, Sandy Menashe 2nd, Ruth Maserow 3rd and Di Grosberg as skip.

Unfortunately, they played against an extremely strong team in the semi-final and were unsuccessful.

They are to be congratulated for reaching the semi-final in a very tough competition.



Suggestion Box

Please remember that there is a suggestion box has been placed in the Clubhouse. It will be opened every week by a member of the Board and distributed to the relevant Board member or Committee.

Every suggestion will be considered. We value your involvement and ideas. This also gives members



Important Information in Emails You May Have Missed

- Etiquette on the Green – a must read for all levels of bowlers – now on the website
- 2024-2025 Bowls Victoria Conditions of Play – to be read by all Pennant players – now on the website
- Updated directions of play on the Harry Hertz Green – on the days before pennant (Monday, Friday) bowlers may roll up in the north-south direction
- Club tournament draws are now finalised and available on our website
- For queries regarding Saturday selection please contact Cris Ellis on 0412 318 125 or crisellis@outlook.com
- The 2024-2025 Armadale BC Selection Policy is a must read. It lays out the roles and expectations of Pennant bowlers and selectors. It is now on the website

If you have been missing out on emails re selections and/or results, please check your JUNK mail. These documents are being distributed through a different email system and it seems that Optus based email addresses are blocking these emails. We are currently looking into this problem



November

- 4 Ian Pohl
- 6 Abe Hechtman
- 7 David Janover
- 9 Harold Cashmore
Geoffrey Lipton
Ernie Nestadt
- 11 Mervyn Meltz
- 12 Bernie Stosic
- 13 Arnold Slosberg
- 15 Raymond Miller
Lorraine
- 16 Czerniewicz
Ivor Hertz
- 17 Arnold Mahemoff
- 18 Stephen Dudakov
- 22 David Maller
- 23 Rodney Goldsmith
- 26 Selwyn Kawalsky
- 27 Aubrey Miller
Benny Porat
- 28 Alex Palamarcuk
- 30 Barry Rogers
Nathan Simon

What is a Lawn Bowler?

Between the dignity of adult manhood and the reality of real old age lies an absurdly comical creature called a "bowler".

Bowlers come in assorted shapes, sizes and colours, but every bowler has the same creed - to enjoy every shot of every end of every game ever played and afterwards to bore to death as many people as possible with his narration of the contest.

Bowlers are found everywhere, running upright. advancing like a crab, throwing from the hip, crouching over the head, and measuring the shot with bum in the air.

Wives love them (mostly), adults avoid them, their children are embarrassed by them, other bowlers make fun of them and heaven protects them.

He likes

- Pretty young bowlers of the opposite sex
- Cream cakes
- His grandchildren
- Prodigious quantities of bitterly cold beer
- Mealtimes

• And yelling at referees.

He does not care much for

- The selection committee
- Scuba-diving
- Or TV presenters.

Nobody else is so early into the bar and so late to stagger home. Nobody else gets so much fun out of dead ends and other people's wrong biases.

Nobody else can cram into one bowling bag

- Four matching bowls
- Three bowling measures (two of them broken)
- Seven dirty dusters
- A rain coat
- Somebody else's Grippo
- A jumper
- 19 pieces of chalk
- A year's supply of vitamin pills (or Viagra)
- And a genuine 1973 vintage condom still in its original wrapper.

But when you have had a hard day in the kitchen, when your fingers are worked to the bone and your back is breaking, he can make all your dreams come true when he bounces into the house, flings his bowling bag to the ground takes you in his arms and whispers huskily into your ear those three magic words - "We Won Again".



I am old and I just realised I have so many unanswered questions

I never found out who let the Dogs Out.....

How to get to Sesame Street...

Why eggs are packaged in a flimsy paper carton, but batteries are secured in plastic that's tough as nails...

Why women can't put on mascara with their mouth closed...

Why "abbreviated" is such a long word...

Why lemon juice is made with artificial flavour yet dish-washing liquid is made with real lemons...

Why they sterilize the needle for lethal injections...

Why do you have to "put your two cents in" but it's only a "penny for your thoughts" where's that extra penny going to...

Why do "The Alphabet Song" and "Twinkle Twinkle Little Star" have the same tune...

Why did you just try to sing those two previous songs...

And just what is Victoria's secret? ...

And do you really think I am this witty?? ...

I actually got this from a friend, who stole it from her brother's girlfriend's, uncle's cousin's, baby's momma's doctor who lived next door to my old class mate's mail man...

Now it is your turn to take it from me.....

How to Understand a Skipper's Signals (submitted by a long-standing lead)



- You've got the shot
- You're 1 m through
- You're 1 m short
- We are holding one
- It's a south westerly wind
- You are an idiot
- What can I do without a lead
- I need to go to the bathroom



- One more shot like that and you're off the green
- One more shot like that and I'm off the green
- Where's your green?
- Take more green
- Take less green
- Did you see that good looking chick on the next rink?
- Tea time
- My arthritis is troubling me
- That rink over there is getting smashed



- You're too heavy
- You're short again
- I'm rehearsing for my next piano recital
- I'm trying to dry my nail polish
- This is the only way I can get my lead's attention
- I'm selling bananas
- I've given up



Brainy Quotes

Sometimes a quote from a statesman, sportsman or just about anyone may resonate. You may find your ideal quote here!

1. Live as if you were to die tomorrow. Learn as if you were to live forever.
Mahatma Gandhi
2. Tell me and I forget. Teach me and I remember. Involve me and I learn.
Benjamin Franklin
3. A wise man can learn more from a foolish question than a fool can learn from a wise answer.
Bruce Lee
4. You don't learn to walk by following rules. You learn by doing, and by falling over.
Richard Branson
5. I learned long ago, never to wrestle with a pig. You get dirty, and besides, the pig likes it.
George Bernard Shaw
6. In the end, we will remember not the words of our enemies, but the silence of our friends.
Martin Luther King, Jr.
7. I've learned that you shouldn't go through life with a catcher's mitt on both hands; you need to be able to throw something back.
Maya Angelou
8. Life is really simple, but we insist on making it complicated.
Confucius
9. Do not dwell in the past, do not dream of the future, concentrate the mind on the present moment.
Buddha
10. I don't want the fear of failure to stop me from doing what I really care about.
Emma Watson
11. The best motivation always comes from within.
Michael Johnson (Gold Medal Sprinter)
12. Champions aren't made in the gyms. Champions are made from something they have deep inside them -- a desire, a dream, a vision.
Muhammad Ali
13. Never let the fear of striking out get in your way.
George Herman "Babe" Ruth (Baseball Legend)
14. Concentration is a fine antidote to anxiety.
Jack Nicklaus (Golf Great)
15. Nobody can make you feel inferior without your consent.
Eleanor Roosevelt (First Lady of the USA)
16. If we all did the things we are capable of doing, we would literally astound ourselves.
Thomas Alva Edison (Inventor, Scientist)
17. Even if you are on the right track, you will get run over if you just sit there
Will Rogers (Actor)
18. The ideal attitude is to be physically loose and mentally tight.
Arthur Ashe (Tennis Great)
19. For myself, losing is not coming second. It's getting out of the water knowing you could have done better
Ian Thorpe (Swimmer)
20. It doesn't matter what else is going on. When you walk into your arena or your - whatever you excel at--you're there to take care of the job that you have to do.
Michael Phelps (Swimmer)

Bowling Hero: Karen Murphy

Karen Anne Murphy AM (born 18 December 1974) is an Australian international lawn and indoor bowler.



Karen's achievements are enormous, too many to list here

She first represented Australia in 1997 and had 674 international appearances.

Bowls Australia news July 2023,

Karen Murphy. - Jackaroos World Bowls Championships National Ass Coach

Earliest bowls memory: Playing club fours with my dad.

Finest moment on the green: Winning back to back World Championships singles titles.

Favourite dish: Rookie's (my husband) Chicken Meatball Risoni.

AFL or NRL: NRL

Tea or coffee: Coffee

Career/work inspiration: Getting to work with some of the best players in the world.

First celebrity crush: Laurie Daley

Three items you couldn't live without and why: Noise cancelling AirPods, music and wine.

Outside of bowls what would be your dream job? Sommelier

Favourite non-bowls athlete and why: Ash Barty – all about the team

Favourite movie: Red Sparrow or Legend.

Favourite TV show: Stranger Things

Cats or dogs: Doggos

Which player would be the most likely to be invited to Coach Gary Willis' house for dinner? Disco

What reality show would you like to appear on? Masterchef

Funniest Jackaroo & why: Disco

What music revs you up? Best of you – Foo Fighters

Your biggest pet peeve & why? People who don't pick up (dog) poo

Proudest non-bowls accomplishment: No kids so.... House

Which teammate is most likely to forget their keys? Gaz

Playstation, Xbox or Nintendo: None

Favourite social media app: Insta

Most embarrassing memory you have: Talking to Glass about what shot to play at WB 2016 and not having any bowls left.

Ideal holiday destination and why: Maldives.

Some of Karen's achievements are listed below but there are so many more

Achievements

- Member of the Australian Bowls Squad for 22 consecutive years
- Represented Australia at the 1998 | 2002 | 2006 | 2014 | 2018 Commonwealth Games, achieving 1 Gold and 3 Silver medals across the Singles, Pairs, Triples and Fours disciplines at four Games
- Represented Australia at the 2004 | 2008 | 2012 | 2016 World Championships, achieving 4 Gold medals and 2 Bronze medals across the Singles, Pairs, Triples and Fours disciplines at all 4 championships
- Represented Australia at the 2005 | 2007 | 2009 | 2011 | 2015 Asia Pacific Championships, achieving 5 Gold medals including the Overall Women's Team championship, 2 Silver medals and 2 Bronze medals across all 5 championships
- Represented Australia at the 2019 Multi-Nations achieving the Overall Women's Title and Team Championship, and Gold medals in the Pairs and Fours
- Represented Australia at the 2017 Gold Coast Multi-Nations, achieving 2 Gold medals in the Singles and Pairs disciplines
- Represented Australia at the 2016 Six Nations International, achieving 1 Gold (Pairs) and 1 Silver (Singles) medal
- 2015 Hong Kong International Silver Medallist (Pairs)
- 2013 World Champion of Champions Gold Medallist (Singles)
- 2012 South African International Series – Gold medal – Triples, 2012 SA

International Series – Silver medal – Fours,
2012 SA International Series – Overall
team gold

- 2012 Professional Bowls Association
Ladies Matchplay Champion

Awards

She was a Director for World Bowls from 2014-2018. has had the opportunity of being a guest commentator during the World Indoor Bowls Championships.

Karen was awarded Member of the Order of Australia (AM) in the 2021 Australia Day Honours, for "For significant service to lawn bowls as an elite player at the international level"

She was among the first inducted into Bowls Australia's Hall of Fame, in the inaugural ceremony in 2011, and has in recent years provided guidance and mentoring to the next generation of players as the sport's National Assistant Coach.

In this role, she coached an Australian team in Burnside, Christchurch, New Zealand – shown with one of favourite fans on the day!

