



ON THE GREEN

September
2024

Armadale BC @ South Caulfield Newsletter

What's happening on and off the green

- The opening of the 2024/2025 Season will take place on Saturday September 7th from 12 noon. Please register with Buddy Budlender NOW before you forget. Only a few places left. See flyer at the end
- The Harry Hertz Green will now be officially opened at the Season Opening on September 7th
- There is now a suggestion box in the Clubhouse. The box will be cleared twice a week and all suggestions will be considered at the following Board meeting. Suggestions may be anonymous but preferably named so that we can respond to you
- If you have any articles, jokes, pictures or anything you think may be of interest to other members for future newsletters, please forward them to the honsecretary email. This includes special events you'd like to share such as milestone birthdays, family celebrations etc
- If you are unwell or know of someone else who is unwell or going through a rough patch, please contact our almoner Ben Czerniewicz on 0408101472. Confidentiality guaranteed

Board Report August 2024

The outcomes of the August Board meeting are as follows:

- The new Harry Hertz Green is completed and available for members to roll up
- The flag pole is being installed and the benches and signage around the new green are being restored
- Cris Ellis has taken on the role of Coaching Co-ordinator
- The carpet green has been sprayed in preparation for the new Pennant season
- The lines on the carpet green will be refreshed and new lines will be marked on the Harry Hertz Green in preparation for the new Pennant season
- Sponsorships for the scoreboards have now expired. If you would like to sponsor a score board or retain a current sponsorship, please contact Roy Lipsitz
- If you wish to buy a lifetime sponsorship for a bench around the greens, please advise Roy Lipsitz
- We welcome Michael Constable and Ian Maher as full members. Michael and Ian will be playing Pennant for us

Stay safe and enjoy the warmer weather

Continue to enjoy your bowls,

Abe Stiglec

Footwear Update

It is imperative that all members wear accredited Bowls Australia footwear at all times on BOTH greens.

This is to avoid damage that may occur from grid or markings on regular shoes – even on sneakers and sports shoes. Even if you think your shoes are “fine”, they are NOT acceptable.

This is not negotiable.

Please don't put yourself in a compromised and embarrassing position – you may be asked to leave either green at any time.

Correct footwear can only be purchased from Bowls Shops. The closest is now in Dandenong or online. If you find it difficult to buy online, please contact Mandy Shochet on honsecretary@armadalebowlsclub.com.au

Member Updates

We congratulate Ken Rosengarten on the marriage of his son Brett to Keren Ludski

We wish Sam Nash a complete and speedy recovery from his recent surgery. Unfortunately Sam has had many hospital stays in recent times for infections after previous surgeries and has painfully had no hip joint for months. We hope that this surgery is successful and that he will be able to be back at the club and on the green soon.

Abe Engel is having surgery later this month. We also wish him a great recovery and look forward to seeing him back on the green.

We were very saddened to hear of the passing of our member Benny Goldstein after a long battle with illness.



SEPTEMBER

- 1 Sima Garfield
- 4 Gordon Silverman
- 6 Ian Meltzer
- 9 Hilton Miller
- 12 Rose-Marie Todes
- 17 Harold Marks
- 24 Harry Hertz
- 26 Pamela Klyne
- 29 John Lowe

Social Committee News

The **2024/2025 Season Opening** is almost upon us. Please register with Buddy Budlender ASAP on

budsue@bigpond.net.au

Don't forget to let Buddy know if you intend to stay for lunch and if you intend to bowl.

NO CHARGE

See flyer at the end of the newsletter.

In addition, don't forget to book tickets for the Groovin' Easy Orchestra on Sunday 15th September in the ABC Clubhouse. Check them out on a Thursday afternoon while they rehearse. You won't regret it. Tickets are almost sold out. See flyer at the end of the newsletter

Coaches Corner

As we approach the Pennant Season, it is important that we consider our personal goals for this season.

At Armadale Bowls Club we are fortunate to have the largest team of coaching personnel in the Sandbelt Region to get you ready for the season and beyond. Our team caters for all levels of bowlers, with each having their specialties:

(Coaches alphabetically after our Head Coach)

- * Head Coach - Howard Sandler - support for all areas of bowls - International high performance coaching accreditation
- * David Akerstein – Yard-on & driving shots
- * Sid Buchbinder - Technique, reading the head, general play improvement for all positions
- * Gaby Cohen - support for all areas of bowls, armed bowler
- * Leon Cohen - support for all areas of bowls, armed bowler
- * Cris Ellis - Leads & seconds (jack control and creating a head), plus advanced bowls & tactics (more advanced players)
- * Alan Faigen - Skipper training & reading the head
- * Hunny Lipson- New bowlers, rolling the jack & technique for all levels
- * Stan Maserow - Arm bowling & general bowls improvement
- * David Weiner - Bowling delivery technique & advanced shot selection

And we look forward to the upcoming arrival of Aiden Zittersteijn to join our team.

Which coach is the best suited to your personal goals and can most ideally support for improvement?

Why not have a chat to one of the Coaches, or review with Howard or myself and get underway with fine-tuning your game to your best ever :)

Watch your emails for a schedule of Pre-pennant training sessions.

Please make an effort to attend training sessions so that we can work together as a team and do the best we can for the Club and ourselves.

Pennant Practice Matches start the week following the Club Opening Day. The first is on Tuesday 10th September. The complete schedule will be emailed out shortly.

This is the time to take advantage of these Coaching resources, they're there for you the members

Cris Ellis

On behalf of the Armadale Coaching team

Champion Bowler Profile: Barrie Lester



Barrie Lester is a four-time Commonwealth Games medal winning Australian lawn bowler, with over 250 appearances for the green & gold Australian Jackaroos.

He's lean, muscular and has a sharp haircut. He looks the part of an elite athlete

Barrie was born in 1982 in Wedderburn, just outside of Bendigo, where he grew up before his family moved to Lakes Entrance, Gippsland, once his father retired. There he met his mentor and coach John Snell OAM and was offered work and sponsorship so that he could concentrate on his bowls.

He started bowling at the age of 14 filling in for his father's pennants' team after "breaking too many bones playing footy". By the age of 18 he had walked away from other passions and dedicated his life to Lawn Bowls with an underlying goal to represent Australia at the Commonwealth Games.

In 2003, Barrie's life and sporting career were deeply affected with the sudden passing of his mother leaving him questioning his future pathway. However, after 6-months Barrie's passion for bowls was rekindled, and he moved to Melbourne to pursue his dream. Three years later, his international career began when he walked onto the Melbourne

Cricket Ground in front of the Queen and 100,000 people at the 2006 Commonwealth Games Opening Ceremony, where he would go on to win the Bronze medal in honour of his mother and brother Travis!

He went on to represent Australia in 2 more Commonwealth Games, winning 2 silver medals at the 2018 Gold Coast Games and another silver at the 2022 Birmingham Games. In recognition of his outstanding achievements, and incredible passion and contribution towards the sport, Barrie was awarded with an Australian Sports Medal.

In 2017 he was ranked Australia's number 1 male bowler and was named Bowls Australia's Male Bowler of the Year. His other successes form a long list which includes

World Championships

In 2016 he was part of the triples team with Aron Sherriff and Mark Casey who won the silver medal at the 2016 World Outdoor Bowls Championship in Christchurch and won another silver medal in the fours. In 2020 he was selected for the 2020 World Outdoor Bowls Championship in Australia.

Commonwealth Games

Barrie won a bronze medal in the pairs with Nathan Rice at the 2006 Commonwealth Games in Melbourne. Further success came as part of the Australian team for the 2018 Commonwealth Games on the Gold Coast in Queensland where he won two silver medals in the Triples and the Fours. In 2022, he competed in the men's triples and the men's fours at the 2022 Commonwealth Games. Lester, along with Carl Healey and Ben Twist won the silver medal.

Barrie has equalled the total of most medals by an Australian bowler at a Commonwealth Games with Karen Murphy.

Asia Pacific

Lester won double gold at the 2019 Asia Pacific Bowls Championships in the Gold Coast, Queensland.

Other

In 2012, he won the Hong Kong International Bowls Classic singles title. At national level he has won one Australian National Bowls

Championships title and two Australian Opens.

Perhaps the greatest honour achieved by Barrie is that he was selected to receive the Commonwealth Games Federation flag on behalf of the Victoria 2026 Commonwealth Games at the Birmingham 2022 Closing Ceremony. The flag was lowered and then passed to him from the President of the Commonwealth Games Federation and then onto the Governor of Victoria Her Excellency the Honourable Linda Dessau AC.

Unfortunately, these games won't take place as planned.

In 2023, after almost 20 years bowling for the Australian Jackaroos, Barrie announced his retirement from international bowls, his final event being a gold medal winning performance in the men's triples at the 2023 Multi-Nations event on the Gold Coast in March 2023. His aim is to concentrate on his business, inspiring bowlers all around Australia.

Barrie moved to Queensland in 2019, where he plays for the Burleigh Heads Bowls Club and also works as the Sports Manager.

Wikipedia

CAREER GOALS: To promote the sport to millions of people all over the world.

FAVOURITE QUOTE: There is no Victory without Sacrifice.

Have you heard these?

I found myself in a pub in Cork, Ireland

A group of American tourists came in. One of the Americans said, in a loud voice, "I hear you Irish think your great drinkers. I bet 5,000 Euros that no-one here can drink 30 pints of Guinness in 30 minutes." The bar was silent, the American noticed one Irishman leaving, no-one took up the bet. 40 minutes later the Irishman who left returned and said "Hey Yank, is your wee bet still on?" "Sure" said the American, "30 pints in 30 minutes for a bet of 5,000 Euros." "Grand," replied the Irishman, "so pour the pints and start the clock." It was very close but the last drop was consumed with 2 seconds to spare. "OK Yank, pay up." said the Irishman. "I'm happy to pay, here's your money" said the American. "But tell me, when I first offered the wager, I saw you leave. Where did you go?" The Irishman replied, "Well sir, 5,000 Euros is a lot of money to a man like me, so I went to the pub across the road to see if I could do it."

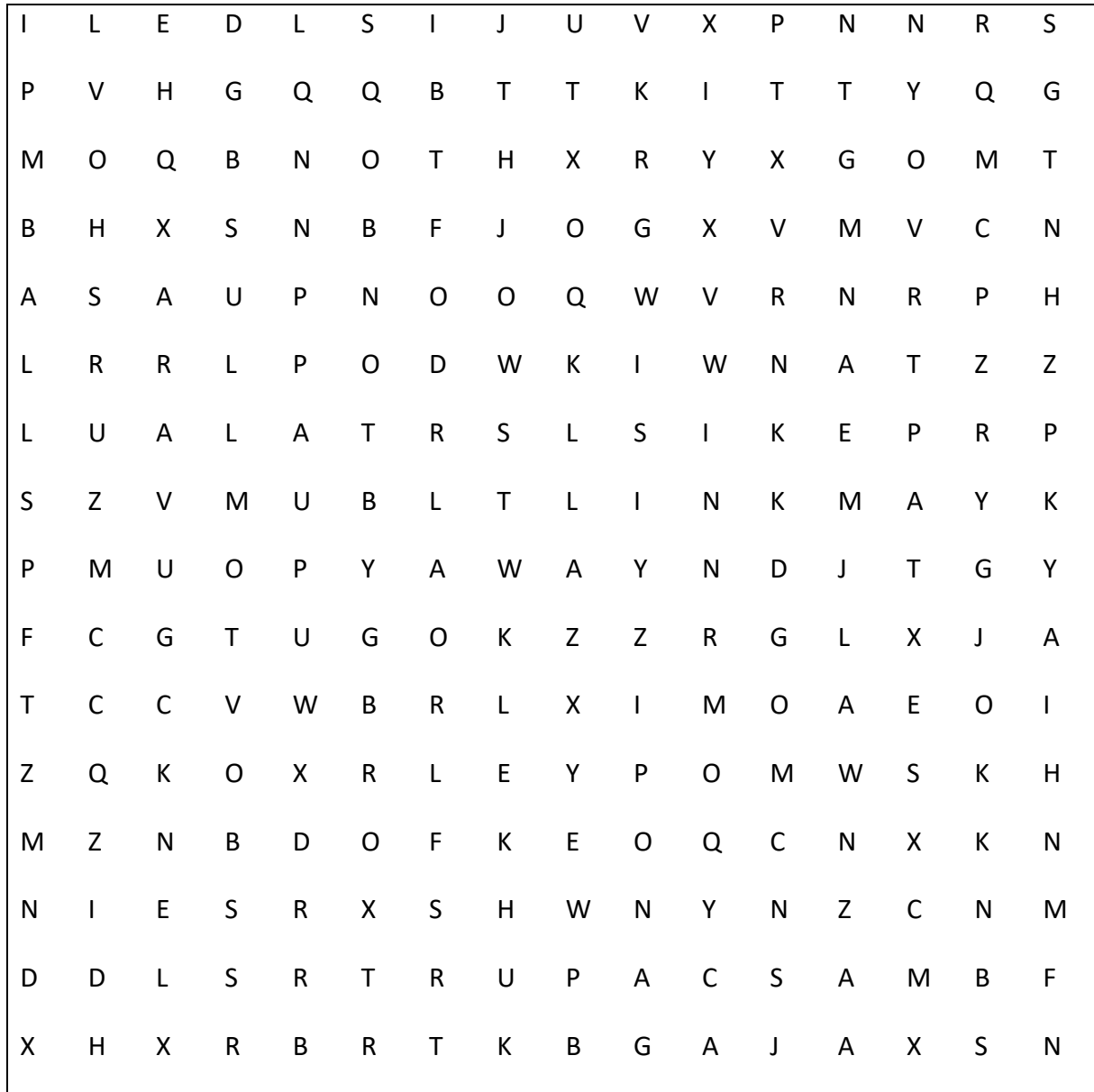
Spanish Oysters

A big Texan stopped at a local restaurant following a day roaming around in Spain. While sipping his wine, he noticed a sizzling, scrumptious looking platter being served at the next table. Not only did it look good, the smell was wonderful. He asked the waiter, 'What is that you just served?' The waiter replied, 'Si senior, you have excellent taste! Those are called Cojones de Toro, bull's testicles from the bull fight this morning. A delicacy!' The cowboy said, 'What the heck, bring me an order.' The waiter replied, 'I am so sorry senior. There is only one serving per day because there is only one bull fight each morning. If you come early and place your order, we will be sure to save you this delicacy.' The next morning, the cowboy returned, placed his order, and that evening was served the one and only special delicacy of the day. After a few bites, inspecting his platter, he called to the waiter and said, 'These are delicious, but they are much, much smaller than the ones I saw you serve yesterday.' The waiter shrugged his shoulders and replied, "Si, Senior. Sometimes the bull wins."

50 Shades of Fishing

Four guys have been going to the same fishing trip for many years. Two days before the group is to leave, Sam's wife puts her foot down and tells him he isn't going. Sam's fishing mates are very upset that he can't go, but what can they do? Two days later, the three get to the camping site to find Sam sitting there with a tent set up, Firewood gathered, dinner cooking on the fire, and having a cold beer. "Crap Sam, how long you been here, and how did you talk your missus into letting you go?" "Well, I've been here since last night. Yesterday evening, I was sitting in my living room chair and my wife came up behind me and put her hands over my eyes and asked, 'Guess who?'" I pulled her hands off, and there she was, wearing a sheer nightie. She took my hand and pulled me into our bedroom. The room had candles and rose petals all over." "Well, she's been reading that book, "50 Shades of Grey" On the bed, she had handcuffs and ropes! She told me to tie her up and cuff her to the bed, so I did. And then she said, "Do whatever you want."

WORD FIND



BALLS

BOWLING

BOWLS

GREEN

JACK

KITTY

LAWN

OUTDOOR

ROLL

SPORT

Who Said it? Famous Quotes Quiz

1. "Ask not what your country can do for you, ask what you can do for your country"
 - A. Joseph Stalin
 - B. Marie-Antoinette
 - C. John F Kennedy
 - D. Winston Churchill
2. "We didn't land on Plymouth Rock, the rock was landed on us"
 - A. Charles Cornwallis
 - B. Malcolm X
 - C. Brigham Young
 - D. Henry Ford
3. "Float like a butterfly, sting like a bee"
 - A. Douglas Macarthur
 - B. Sun Tzu
 - C. Jack the Ripper
 - D. Muhammad Ali
4. G-d "does not play dice"
 - A. Pope John Paul II
 - B. Albert Einstein
 - C. Frank Sinatra
 - D. George Washington
5. "The world will little note, nor long remember what we say here, but it can never forget what they did here"
 - A. Abraham Lincoln
 - B. Benjamin Franklin
 - C. Thomas Edison
 - D. Vince Lombardi
6. "The report of my death was an exaggeration"
 - A. Ronald Reagan
 - B. Elvis Presley
 - C. Mark Twain
 - D. Napoleon I
7. "The arc of the moral universe is long, but it bends towards justice"
 - A. Martin Luther King Jr
 - B. Oliver Wendell Holmes
 - C. Confucius
 - D. Socrates
8. "I am become Death, the destroyer of worlds"
 - A. Julius Caesar
 - B. George Foreman
 - C. Napoleon I
 - D. J Robert Oppenheimer
9. "I came, I saw, I conquered"
 - A. Dwight Eisenhower
 - B. Alexander the Great
 - C. Julius Caesar
 - D. Steve Jobs
10. "Hate the sin not the sinner"
 - A. Bill Clinton
 - B. Bernie Madoff
 - C. Dolly Parton
 - D. Mahatma Gandhi
11. "People who boast about their IQ are 'losers'"
 - A. Stephen Hawking
 - B. Pablo Picasso
 - C. Vince Lombardi
 - D. Donald Trump
12. "Give me liberty, or give me death"
 - A. Al Capone
 - B. Galileo
 - C. Nelson Mandela
 - D. Patrick Henry

1. C, 2. B, 3. D, 4. B, 5. A, 6. C,
7. A, 8. D, 9. C, 10. D, 11. A, 12. D

Sandbelt Championship Dates



EVENT	PLAYED
SINGLES MENS & WOMENS	SUN 24 NOV 9.30AM SECTION PLAY SUN 8 DEC 9.30AM RD 1 - 3 POST SECTION PLAY WED 11 DEC 6.30PM RD 4 IF REQ WED 18 DEC 6.30PM <i>FINAL</i>
*TRIPLES MEN'S AND WOMEN'S	SUN 2 FEB 10AM RD 1 & 2 WED 5 FEB 6.30PM RD 3 FRI 14 FEB 6.30PM RD 4 SUN 16 FEB 1PM <i>FINAL</i>
*FOURS MEN'S AND WOMEN'S	SUN 6 OCT 9.30AM RD 1 & 2 SUN 27 OCT 10AM RD 3 & 4 WED 30 OCT 6.30PM <i>FINAL</i>
NOVICE SINGLES OPEN	WED 23 OCT 6.30PM RD 1 WED 6 NOV 6.30PM RD 2 WED 13 NOV 6.30PM RD 3 WED 20 NOV 6.30PM RD 4 FRI 29 NOV 6.30PM <i>FINAL</i>
* PAIRS MEN'S AND WOMEN'S	SUN 10 NOV 10AM RD 1 & 2 SUN 17TH NOV 10AM RD 3 & 4 WED 20 NOV 6.30PM RD 5 IF REQ FRI 29 NOV 6.30PM <i>FINAL</i>
*MIXED PAIRS	SUN 9 FEB 10AM RD 1 & 2 WED 12 FEB 6.30PM RD 3 SUN 16 FEB 10AM RD 4 & 5 MON 17 FEB 6.30 PM <i>FINAL</i>
CH OF CH SINGLES MEN'S AND WOMEN'S	SAT 15 MAR 10AM SUN 16 MAR 10AM
OVER 60S SINGLES MENS AND WOMENS	SUN 19 JAN 10AM SECTION PLAY WED 22 JAN 6.30PM RD 1 POST SECTION PLAY WED 29 JAN 6.30PM RD 2 POST SECTION PLAY WED 5 FEB 6.30PM RD 3 POST SECTION PLAY WED 12 FEB 6.30PM RD <i>FINAL</i>
OVER 60S PAIRS MEN'S AND WOMEN'S	SUN 1 DEC 10AM RD 1 & 2 WED 4 DEC 6.30PM RD 3 WED 11 DEC 6.30PM RD 4 IF REQ WED 18 DEC 6.30PM <i>FINAL</i>

* COMPOSITE TEAMS ARE PERMITTED, BUT ALL PLAYERS MUST BE FROM CLUBS IN THE SANDBELT BOWLS REGION
Information will be provided when the competitions are open for entry. Entry will be via the Sandbelt website, linking in with Bowlslink.



The Board of Management of the Armadale Bowls Club
cordially invites you to the

OPENING DAY SEASON 2024/25

Saturday 7 September @ Midday

Official Opening of the Greens
Followed by a light Lunch, Bowls
and Afternoon Tea.

Entry Free

Registration required:- (email only)
Buddy Budlender
Budsue@bigpond.net.au

Confirm:-

- 1) Lunch
- 2) Playing Bowls

Dress Code:
Uniform





ARMADALE BOWLS CLUB

presents

GROOVIN'

EASY

ORCHESTRA

with

Michele Forbes



Music from 2pm

Tix \$20

Bookings: 0478 000 534

BBQ & Salads

avail from 12:30 \$15

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