

ARMADALE BOWLS CLUB @ SOUTH CAULFIELD

CLUB



SEASON

NEWS

2018/19

ISSUE NO. 6 WEEK ENDING FRIDAY 5th. OCTOBER, 2018

THIS WEEK'S SPONSOR



GLASS AND MIRROR PRODUCTS

Barton Glass offers a complete and comprehensive range of glass products, services and processes to suit our diverse range of clientele.

ADDRESS: 420 PRINCES HIGHWAY, NOBLE PARK

PHONE: 9795-9514

CONTACT: SAM HOFBAUER

WEBSITE: www.bartonglass.com.au

For more information on this Sponsor, click on the above website. For any other Sponsor, go to Club website home page & click on Sponsor's name, or go to Team App/Sponsors.

IN THIS WEEKS EDITION

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ALMONER'S REPORT(Cedric Gould)

Elaine Kovkin is now home from rehab recovering from her hip operation.

If you know of a member who is unwell or in hospital please contact me on 950 98930.

BIRTHDAYS

Happy birthday to the following members

	OCTOBER		OCTOBER
Henry Lederman	1	Howard Silman	14
Lawrence Hirsch	6	Basil Wolman	14
Carol Klyne	6	Carolyn Rose	15
Thelma Marcakis	7	Abe Engel	20
Jeffrey Hunter	10	Adrian Mordech	20
Bernard Leibel	10	Nate Raik	20
Lorraine Kindler	11	Miriam Gunn	21
Beryl Levin	11	Stanley Maserow	22
Len Rosenblatt	11	Roy Wittert	23
Ross Maver	12	Lindsay Solomon	24
David Popper	13	Rob Millingen	31

If your birthday is in OCTOBER and is not included in the above list and you wish to be included please contact me at my email address. bernieg27@gmail.com

SOCIAL NEWS

PLEASE FORWARD ANY SOCIAL NEWS YOU WOULD LIKE TO SHARE WITH YOUR FELLOW

CLUB MEMBERS BY SENDING IT TO MY EMAIL ADDRESS.

bernieg27@gmail.com

SPONSORS

Our valued Sponsors are a very important part of our Club community with Sponsors contributing about 10% of our annual revenue. Can we ask that you please be aware of who our Sponsors are, by checking in the Fixture Book or on our website and on the board in the Clubroom. Whenever possible, please support them and make it known to them that you are a member of the Armadale Bowls Club.

Also, if you have an idea or suggestion as to who could be approached as a possible Sponsor, please advise Jack Cooper, Robyne Schwarz or Rob Millingen, who will follow up the lead. We all have wide circles of contacts who could provide a source of new Sponsors

In the coming months, a member of the sponsorship committee may contact you personally to ask if you can assist by providing the name of a company or service provider who might be a potential sponsor. Your assistance will be greatly appreciated and benefit your Club.

Here is a full list of current sponsors for season 2018-19.

Arboretum Kitchen & Cafe	Lowé Lippmann Trakman Financial Services	
ADM Motors	Melbourne Body Corporate Management, St Kilda	
Ampvolt Electrical	Marilyn & Keith Faiman	Ross Smith Physiotherapy
AR Foodservice	Jax Tyres Caulfield South	Scotchline Signs
Astoria Honda Brighton	Malvern Travel & Cruise	Service Experts
Barton Glass	Marshall White & Co	Snap Printing Caulfield South
Bendigo Bank Caulfield Park	Michael Klooger & Family	Specsavers Brighton
Café D'Lish	Mothers Instinct Café & Catering	Steller
Carniche Accident Repair Centre	Mr Brightside Cafe	Sutton Partners Accountants
Del Mar Cafe	Nelson Pharmacy	The Hospitality Man
Feet4Life	Personal Training for Active Living	The Kitchen Company
Gary Peer	Regis Aged Care	Tom Weisler & Family
Handledwithcare	Resting Toucher	Turquoise Eatery
Hexagon Home Maintenance	Rocksalt Restaurant	Universal Toner & Inkjet
Ian Sharp Jewellery	Rosenbloom Automotive	

SPONSOR BENEFITS TO ABC MEMBERS 2018/19.

THIS IS A CURRENT LIST OF BENEFITS MEMBERS OR THE CLUB WILL RECEIVE WHEN YOU SUPPORT THESE SPONSORS.

ASTORIA HONDA BRIGHTON

Purchase a new Honda from Astoria and the Club will receive \$500 and you will receive \$250 worth of additional accessories.

FEET 4 LIFE

“Bowl Proof your Feet & Legs” package valued at \$284, all for \$88 (health fund rebateable) See details in the Feet4Life advertisement in the Fixture Book.

JAX TYRES CAULFIELD SOUTH

Members will receive 10% discount on servicing and 5% discount on tyres.

MALVERN TRAVEL & CRUISE

A contribution (generally \$100) is made to the Club with every travel booking made by Members.

MARSHALL WHITE REAL ESTATE

Sell your property through Marshall White and the Club will receive up to 10% of the commission jointly agreed upon.

MOTHERS INSTINCT EATERY

Members will receive 10% discount off your total bill for a meal as well as drinks.

ROCKSALT RESTAURANT

Mention you are a Member of the ABC when you pay your bill and you will receive a 10% discount on the total amount.

This is valid for lunch and dinner.

ROSENBLOOM AUTOMOTIVE SERVICE REPAIRS

Members receive \$50 discount on car service.

At any time, Members can call in and receive a complimentary under bonnet fluid level check, tyre pressure check and light check.

A thorough vehicle inspection report conducted during a routine car service can determine the safety of a vehicle.

SERVICE EXPERTS

Service Experts will donate to the Club 5% of the total cost of any job done for a Member.

SPECSAVERS BRIGHTON

Receive \$50 off 2 pairs of glasses from the \$249 range or above, or, 25% off the total price when purchasing 1 pair of glasses including lens and extras.

PLEASE BE AWARE OF ALL OUR CLUB SPONSORS AS DISPLAYED ON SIGNAGE, IN OUR FIXTURE BOOK, WEBSITE, FACEBOOK, TEAM APP AND CLUB TV.

THE MORE WE PROMOTE AND USE OUR SPONSORS, THE MORE WE WILL BENEFIT FROM LOWER MEMBERSHIP AND GREEN FEES.

SATURDAY LUNCHES.

WITH THE OPENING OF SATURDAY PENNANT THIS WEEK – LUNCHES ARE BACK.

We look forward to seeing everyone also in the Clubhouse for a friendly drink after the game.

Please host your opponent in our usual sportsmanlike manner.

Rolls and hot dogs will available as usual. \$5.00



Lunches Available on Saturdays

**LUNCHES
ARE
BACK**

**And please remember to
come in to the Clubhouse
after Pennant for
Drinks and Rolls
with your opponents.**



MEET YOUR CLUB MEMBERS(BY BARRY WICKS).



Bernard Levin has been a sportsman most of his life, tennis and golf before taking up bowls 16 years ago. He love being part of club teams.



Lynne Sidlo has been bowling for more than 25 years and really enjoys the challenge of the sport and the friendships made.

Marcus Levy, former leading Jewish badminton player has been bowling for more than 25 years and get a lot of enjoyment from the social side of bowls



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GOLF & BOWLS by Rob Huddle

There is much to be learnt from other sports. Many bowlers have played other sports to a high level before finding the next sporting challenge in bowls. I know players from many sporting backgrounds including; football, ten pin bowling, quoits, pole vaulting, squash, golf, cricket, bocce, rugby, skiing, marathon running; you name it and there is probably a bowler who used to excel in that sport. We can, and should, take the best bits from each sport and apply them to bowls either as a coach or player

The US Masters Golf tournament has finally an Australian champion after 75 years. That history made Adam Scott's achievement even greater and placed enormous pressure and expectation on him, particularly when he edged closer and closer to achieving the goal.

Here are a few reminders about winning something as big as the US Masters.

§The "necessity" to lose a major before you win one

§The experience of the player to cope with and excel in the moment that really matters.

§That there is some sort of divine intervention that means your putt drops and the other guy misses by an inch (twice!).

§The importance and strength of self belief

§The value of patience in extreme pressure situation

§A never fear of failure attitude

§Automated skill gained from many, many practice sessions.

§Cool under crisis and ability to stay relaxed to ensure free flowing rhythm.

Here are a few golf attributes that relate to bowls:

PRACTICE – top golfers practice by repeated attempts at all shots until they get it right and then that shot is "in the bag" when it is needed in a game. This practice regime is essential to automated play and pressure play. Bowlers could learn a lot from this.

FOCUS – use a pre-shot routine to focus for your next shot. Focus and consider bigger game issues in between shots, e.g., how is your performance going? what is the progress score?, How many holes/end to go?

VISUALIZATION - play the shot over and over in your head a few times to prepare yourself. Be relaxed as you can and "see" what to do and that it is possible.

SMART STRATEGIC PLAY – consider the likely hood of a succeeding when the situation is difficult. Be prepared to play to minimize the damage when the situation is hard. Remember, things can always get worse if you push when you shouldn't.

END GAME PRESSURE... holes and ends run out...a small lead becomes a big lead.

CONCENTRATE ON POSITIVE OUTCOMES FROM SHOTS – Believe and achieve often brings great rewards. If you see or expect failure then it will probably happen.

RIGHT EQUIPMENT FOR THE RIGHT SITUATION – golf and bowls equipment has changed a lot in the last 20 years.

Old bowls are a disadvantage, as are bowls that are too tight.

SEEK ADVICE – from your caddie, team mates or coach. Even the best professionals seek expert help to keep in-the-groove.

RUB OF THE GREEN - dealing with this is a sign of a champion. The green or fairway can do unexpected things to the ball and it happens to everyone.

MINIMIZE RISK AND WAIT FOR OPPORTUNITIES TO HAPPEN – try not to give the game away to your opponent by playing over risky low percentage shots. Often it is better to take 1 shot down than try an unlikely shot and go down 2 or 3 shots.

CREATE YOUR OWN LUCK BY PLAYING THE SMART SIDE OF THE HOLE - in bowls use your own bowls or your opponents to get unexpected results or otherwise impossible shots.

EXPECT GOOD SHOTS FROM YOUR OPPONENT AND BE READY TO RESPOND – your mind is set for the challenge and not in the "how did he do that?" thought.

RESPECT YOUR OPPONENT – acknowledge really good shots. Bowls is a sport that is very interactive with the opponent.

CARTOONS OF THE WEEK.



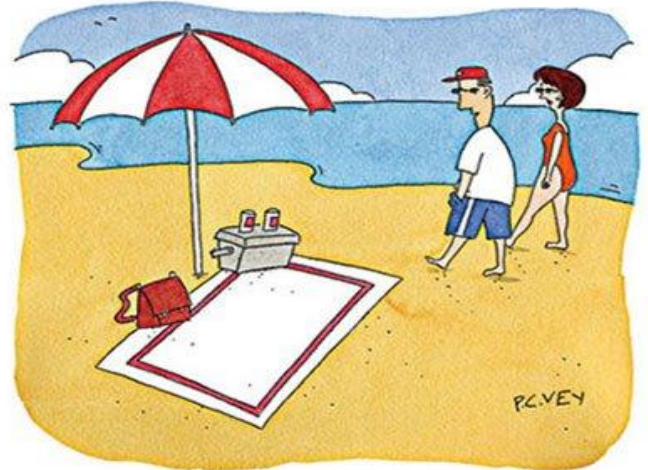
"You're just the kind of person we're looking for to test our airline seats."



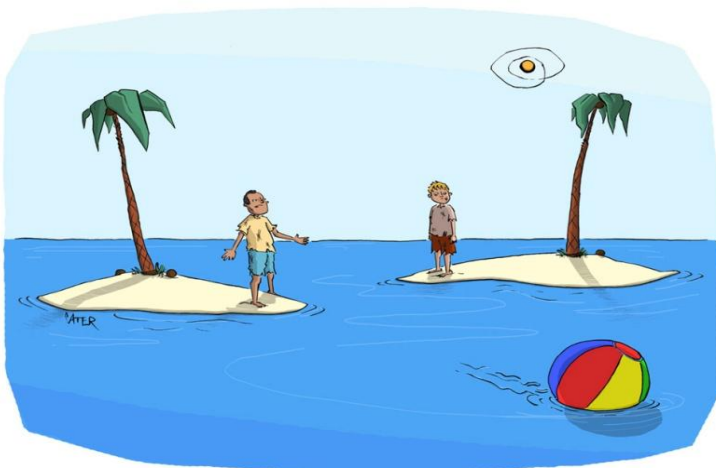
"May I go through again? I'm trying to find something in my purse."



"In my day, Virginia was for people who were just friends."



"This looks like a good spot."



"Nice throw. Now we're dying of thirst, hunger, and boredom."



"I hate the beach. No one salutes me."

JOKE OF THE WEEK

Miraculous Cure .

Mulrunji's Hearing

A preacher said, "Anyone with 'special needs' who wants to be prayed over, please come forward to the front by the altar."

With that, an Aboriginal man got in line, and when it was his turn, the Preacher asked :



"Mulrunji, what do you want me to pray about for you?"

Mulrunji replied, "Preacher, I need you to pray for help with my hearing."

The preacher put one finger of one hand in Mulrunji's ear, placed his other hand on top of Mulrunji's head, and then prayed and prayed and prayed.



He prayed to the 'Almighty' for Mulrunji, and the whole congregation joined in with great enthusiasm.

After a few minutes, the preacher removed his hands, stood back and asked, "Mulrunji, how is your hearing now?"

Mulrunji answered, "I don't know. It ain't 'til next week!"